2026 Preventive Health and Clinical Practice Guidelines

Heritage Provider Network

On a biennial basis, Heritage Provider Network reviews and adopts evidence-based Clinical Practice and Preventive Health Guidelines promulgated from peer reviewed sources for diseases and health conditions identified as most salient to Heritage Provider Network members. Clinical Practice Guidelines are used in the provision of preventive, acute, chronic medical and behavioral health services to improve the delivery of health care services to members. The most current list of Clinical Practice and Preventive Health Guidelines adopted by Heritage Provider Network are available for download from the links provided below.

- **Visit The American Heart Association (AHA) at: https://www.heart.org/**
- **Visit The American Psychiatric Association (APA) at: https://www.apa.org/**
- **Visit The Centers for Disease Control (CDC) at: https://www.cdc.gov/**
- **Visit The American Academy of Pediatrics (AAP) at: https://www.aap.org/en-us/Pages/Default.aspx**
- **Visit The American Academy of Child & Adolescent Psychiatry (AACAP) at: https://www.aacap.org/**
- **Visit The American Association of Clinical Endocrinologist (AACE) at: https://www.aace.com/**
- **Visit The Infectious Diseases Society of America (IDSA) at: https://www.idsociety.org/**
- **Visit The American Thoracic Society (ATS) at: http://www.thoracic.org/**
- **Visit The American Academy of Family Practitioners (AAFP) at: https://www.aafp.org/home.html**
- **Visit The American Society of Addiction (ASAM) at: https://www.asam.org/**
- **Visit The American College of Cardiology at: https://www.acc.org/**
- **Visit The Department of Health Care Services at: https://www.dhcs.ca.gov**
- **Visit Global Initiative for Chronic Obstructive Lung Disease at: https://goldcopd.org/**
- **Visit The National Institute for Health and Care Excellence at: https://www.nice.org.uk/**
- **Visit The U.S Preventive Services Task Force at: www.uspreventiveservicestaskforce.org**
- **Visit ECRI Institute Guidelines Trust at: https://www.ecri.org/solutions/ecri-guidelines-trust/**

Ages 0-18 Years	Date Adopted by QIC: 8/11/2026	Re-Review Date: 6/1/2028	Current Review Date: 6/1/2026
	Immunization Schedule ▪ Recommended Child and Adolescent Immunization Schedule for Ages 18 Years or Younger – AAP (2026) https://www.aap.org/en/patient-care/immunizations/ **Recommended Preventative Pediatric Health Care – American Academy of Pediatrics (AAFP)** ▪ 2025 Recommendations for Preventive Pediatric Health Care. Bright Futures /American Academy of Pediatrics (4/2025). https://publications.aap.org/pediatrics/article/155/5/e2025071066/200933/2025-Recommendations-for-Preventive-Pediatric?autologincheck=redirected		
Ages 19 and Older	**Date Adopted by QIC: 8/11/2026**	**Re-Review Date: 6/1/2028**	**Current Review Date: 6/1/2026**
	Immunization Schedule ▪ Recommended Immunization Schedule for Adults Aged 19 Years or Older. United States –CDC. https://www.cdc.gov/vaccines/schedules/downloads/adult/adult-combined-schedule.pdf **Recommended Preventative Clinical Health Care - U.S. Preventive Services Task Force (USPSTF)** ▪ All Recommendations for Primary Care Practice. (Publication Dates Differ by Topic) https://uspreventiveservicestaskforce.org/uspstf/topic_search_results?topic_status=P		
All Ages	**Date Adopted by QIC: 8/11/2026**	**Re-Review Date: 6/1/2028**	**Current Review Date: 6/1/2026**
	Transgender and Gender Diverse People ▪ Standards of Care for the Health of Transgender and Gender Diverse People, Version 8 – International Journal of Transgender Health (2022) https://www.tandfonline.com/doi/pdf/110.1080/26895269.2022.2100644		

Clinical Practice Guidelines

Behavioral Health	Date Adopted by QIC: 8/11/2026	Re-Review Date: 6/1/2028	Current Review Date: 6/1/2026
	Substance Abuse ▪ 2024 ASAM AAAP Clinical Practice Guideline on Management of Stimulant Use Disorder (10/2023) https://journals.lww.com/journaladdictionmedicine/fulltext/2024/05001/the_asam_aaap_clinical_practice_guideline_on_the.1.aspx?__cf_chl_f_tk=IKh0BuYcr66fOxwU4Vtj0K7YcK6Bp5hqgQKfFxrH6xQ-1782844286-1.0.1.1-EqOopJB0o8iflHaMQZnm5cCzIZ9sLKdoJOt_B1d3mwE ▪ 2020 ASAM Guideline on Alcohol Withdrawal Management (01/2020) https://downloads.asam.org/sitefinity-production-blobs/docs/default-source/quality-science/the_asam_clinical_practice_guideline_on_alcohol-1.pdf?sfvrsn=ba255c2_0 ▪ 2018 Alcohol Misuse: Screening and Behavioral Counseling Interventions in Primary Care (11/2018) https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions **Dementia/Neurocognitive Disorders** ▪ 2021 APA Guidelines for the Evaluation of Dementia and Age-Related Cognitive Change (02/2021) https://www.apa.org/practice/guidelines/guidelines-dementia-age-related-cognitive-change.pdf ▪ 2014 American Psychiatric Association (APA) Practice Guideline for Persons with Alzheimer's disease and Other Dementias 2007/ Updated Guideline Watch (10/2014) https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/alzheimerwatch.pdf **Depression** **Core Depression Treatment** ▪ 2019 APA Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts		

	(Children & Adolescents, Adults & Older Adults) w/ Decision Aids (02/2019) https://www.apa.org/depression-guideline **Screening & Prevention** ▪ 2023 U.S. Preventive Services Task Force (USPSTF) Screening for Depression and Suicide Risk in Adults: USPSTF Recommendation Statement (06/2023) https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/screening-depression-suicide-risk-adults#fullrecommendationstart **Schizophrenia** ▪ 2020 APA Practice Guideline for the Treatment of Patients with Schizophrenia (09/2020) https://psychiatryonline.org/doi/epub/10.1176/appi.books.9780890424841 ▪ 2013 AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents with Schizophrenia (09/2013) https://www.jaacap.org/action/showPdf?pii=S0890-8567%2813%2900112-3 **Generalized Anxiety Disorders** ▪ 2022 AAFP Generalized Anxiety Disorder and Panic Disorder in Adults (08/2022) https://www.aafp.org/afp/2022/0800/generalized-anxiety-disorder-panic-disorder.pdf ▪ 2020 AACAP Assessment and Treatment of Children & Adolescents with Anxiety Disorders (10/2020) https://psychiatryonline.org/doi/epub/10.1176/appi.books.9780890424841 **Bipolar Disorders** ▪ 2021 AAFP Bipolar Disorders: Evaluation and Treatment (02/2021) https://www.aafp.org/afp/2021/0215/p227.pdf **Pediatric Disorders** ▪ 2020 AAP Autism Spectrum Disorder: Updated Guidelines from the American Academy of Pediatrics (11/2020) https://www.aafp.org/pubs/afp/issues/2020/1115/p629.pdf ▪ 2019 AAP Attention Deficit Hyperactivity Disorder (ADHD): Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of ADHD in Children and Adolescents. American Academy of Pediatrics (10/2019) https://publications.aap.org/pediatrics/article/144/4/e20192528/81590/Clinical-Practice-Guideline-for-the-Diagnosis?autologincheck=redirected	
Cardiology	**Date Adopted by QIC: 8/11/2026**	**Re-Review Date: 6/1/2028**	**Current Review Date: 6/1/2026**
	Prevention of Cardiovascular Disease ▪ 2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease (03/17/2019) https://www.jacc.org/doi/pdf/10.1016/j.jacc.2019.03.010?_ga=2.248572103.1581153832.1717529683-942900203.1717529683 **Management of Dyslipidemia** ▪ 2026 ACC/AHA/AACVPR/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Dyslipidemia (03/13/2026) https://www.ahajournals.org/doi/epub/10.1161/CIR.0000000000001423 **Management of High Blood Pressure** ▪ 2025 AHA/ACC/AANP/AAPA/ABC/ACCP/ACPM/AGS/AMA/ ASPC/NMA/PCNA/SGIM Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults (08/14/2025) https://www.ahajournals.org/doi/epub/10.1161/HYP.0000000000000262 **Management of Heart Failure** ▪ 2022 AHA/ACC/HFSA Guideline for The Management of Heart Failure (04/01/2022) https://www.jacc.org/doi/epdf/10.1016/j.jacc.2021.12.012		

Management of Patients with Valvular Heart Disease

- 2020 ACC/AHA Guideline for the Management of Patients with Valvular Heart Disease (02/02/2021)
  https://www.ahajournals.org/doi/epdf/10.1161/CIR.0000000000000923

Management of Patients with Chronic Coronary Disease

- 2023 AHA/ACC/ACCP/ASPC/NLA/PCNA Guideline for the Management of Patients with Chronic Coronary Disease (07/20/2023)
  https://www.ahajournals.org/doi/10.1161/CIR.0000000000001168

Diagnosis and Management of Atrial Fibrillation

- 2023 ACC/AHA/ACCP/HRS Guideline for the Diagnosis and Management of Atrial Fibrillation (11/30/2023)
  https://www.ahajournals.org/doi/10.1161/CIR.0000000000001193

Management of Patients with Acute Pulmonary Embolism in Adults

- 2026 AHA/ACC/ACCP/ACEP/CHEST/SCAI/SHM/SIR/SVM/SVN Guideline for the Evaluation and Management of Acute Pulmonary Embolism in Adults (04/07/2026)
  https://www.jacc.org/doi/pdf/10.1016/j.jacc.2025.11.005

Management of Patients with Cardiovascular-Kidney-Metabolic Syndrome

- 2026 AHA/ACC/ADA/ASN Guideline for the Prevention, Detection, Evaluation, and Management of Cardiovascular-Kidney-Metabolic Syndrome (06/09/2026)
  https://www.jacc.org/doi/pdf/10.1016/j.jacc.2026.03.056

Management of Patients with Acute Coronary Syndromes

- 2025 ACC/AHA/ACEP/NAEMSP/SCAI Guideline for the Management of Patients with Acute Coronary Syndrome (06/10/2025)
  https://www.jacc.org/doi/pdf/10.1016/j.jacc.2024.11.009

Management of Adults with Congenital Heart Disease

- 2025 ACC/AHA/HRS/ISACHD/SCAI Guideline for the Management of Adults with Congenital Heart Disease (02/24/2026)
  https://www.jacc.org/doi/pdf/10.1016/j.jacc.2025.09.006

Management of Patients with Hypertrophic Cardiomyopathy

- 2024 AHA/ACC/AMSSM/HRS/PACES/SCMR Guideline for the Management of Hypertrophic Cardiomyopathy (06/11/2024)
  https://www.jacc.org/doi/pdf/10.1016/j.jacc.2024.02.014

Management of Patients with Lower Extremity Peripheral Artery Disease

- 2024 ACC/AHA/AACVPR/APMA/ABC/SCAI/SVM/SVN/SVS/SIR/VESS Guideline for the Management of Lower Extremity Peripheral Artery Disease (06/18/2024)
  https://www.jacc.org/doi/pdf/10.1016/j.jacc.2024.02.013

Management of Patients Perioperative CV Management for Non Cardiac Surgery

- 2024 AHA/ACC/ACS/ASNC/HRS/ SCA/SCCT/SCMR/SVM Guideline for Perioperative Cardiovascular Management for Noncardiac Surgery (11/05/2024)
  https://www.jacc.org/doi/pdf/10.1016/j.jacc.2024.06.013

Management of Patients with Aortic Disease

- 2022 ACC/AHA Guideline for the Diagnosis and Management of Aortic Disease (12/13/2022)
  https://www.jacc.org/doi/pdf/10.1016/j.jacc.2022.08.004

	Management of Patients with Chest Pain ▪ 2021 AHA/ACC/ASE/CHEST/SAEM/ SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain (11/30/2021) https://www.jacc.org/doi/epdf/10.1016/j.jacc.2021.07.053 **Management of Patients for Coronary Artery Revascularization** ▪ 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization (12/09/2021) https://www.jacc.org/doi/epdf/10.1016/j.jacc.2021.09.006 **Management of Patients with Bradycardia and Cardiac Conduction Delay** ▪ 2018 ACC/AHA/HRS Guideline on the Evaluation and Management of Patients with Bradycardia and Cardiac Conduction Delay (11/06/2018) https://www.jacc.org/doi/epdf/10.1016/j.jacc.2018.10.044 **Management of Patients with Syncope** ▪ 2017 ACC/AHA/HRS Guideline for the Evaluation and Management of Patients with Syncope (03/09/2017) https://www.jacc.org/doi/epdf/10.1016/j.jacc.2017.03.003 **Management of Patients with Ventricular Arrhythmias and Prevention of Sudden Cardiac Death** ▪ 2017 AHA/ACC/HRS Guideline for Management of Patients With Ventricular Arrhythmias and the Prevention of Sudden Cardiac Death (08/16/2018) https://www.jacc.org/doi/epdf/10.1016/j.jacc.2017.10.054 **Management of Patients with Supraventricular Tachycardia** ▪ 2015 ACC/AHA/HRS Guideline for the Management of Adult Patients With Supraventricular Tachycardia (09/24/2015) https://www.jacc.org/doi/epdf/10.1016/j.jacc.2015.08.856 **Management for Lifestyle Management to Reduce Cardiovascular Risk** ▪ 2013 AHA/ACC Guideline on Lifestyle Management to Reduce Cardiovascular Risk (11/12/2013) https://www.jacc.org/doi/epdf/10.1016/j.jacc.2013.11.003 **Management of Women to Prevent Cardiovascular Disease** ▪ Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women—2011 Update (03/07/2011) https://www.jacc.org/doi/epdf/10.1016/j.jacc.2011.02.005		
Endocrinology	**Date Adopted by QIC: 8/11/2026**	**Re-Review Date: 6/1/2028**	**Current Review Date: 6/1/2026**
	Standards of Medical Care in Diabetes Care ▪ 2026 ADA Standards of Medical Care in Diabetes for Adults, Pregnancy and Children & Adolescents (12/2025) https://diabetesjournals.org/care/issue/47/Supplement_1 **Comprehensive Type 2 Diabetes Management Algorithm** ▪ 2026 Update – American Association of Clinical Endocrinology Consensus Statement: Algorithm for Management of Adults with Type 2 Diabetes (04/2026) https://www.endocrinepractice.org/article/S1530-891X(26)00022-4/fulltext		
Infectious Diseases	**Date Adopted by QIC: 8/11/2026**	**Re-Review Date: 6/1/2028**	**Current Review Date: 6/1/2026**

Sexually Transmitted Diseases

- 2021 Sexually Transmitted Diseases (STD) Treatment Guidelines. Centers for Disease Control and Prevention (7/2021).
  cdc.gov/std/treatment-guidelines/STI-Guidelines-2021.pdf

Tuberculosis

- 2017 Official American Thoracic Society/Infectious Diseases Society of America/Centers for Disease Control and Prevention Clinical Practice Guidelines: Diagnosis of Tuberculosis in Adults and Children (1/2017).
  https://www.thoracic.org/statements/resources/tb-opi/diagnosis-of-tuberculosis-in-adults-and-children.PDF

COVID- 19

- 2025 Infectious Diseases Society of America Guidelines on the Treatment and Management of Patients with COVID-19 (10/2025)
  https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/

Urinary Tract Infections

- 2025 IDSA Guideline Update on Complicated UTI (07/17/2025)
  https://www.idsociety.org/practice-guideline/complicated-urinary-tract-infections/

Sepsis

- 2026 SCCM Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock (04/2026)
  https://journals.lww.com/ccmjournal/fulltext/2026/04000/surviving_sepsis_campaign__international.5.aspx

Appendicitis

- 2025 WES Guideline on Diagnosis and Treatment of Acute Appendicitis (10/15/2024)
  https://pubmed.ncbi.nlm.nih.gov/41604201/

Nephrology	Date Adopted by QIC: 8/11/2026	Re-Review Date: 6/1/2028	Current Review Date: 6/1/2026

Chronic Kidney Disease

- 2024 KDIGO Clinical Practice Guideline for Evaluation/Monitoring of Chronic Kidney Disease
  https://www.kidney-international.org/article/S0085-2538(23)00766-4/pdf

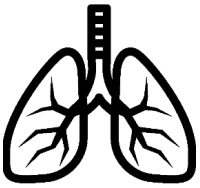
Pain Management	Date Adopted by QIC: 8/11/2026	Re-Review Date: 6/1/2028	Current Review Date: 6/1/2026

Non-Pharmacological Pain Management Treatment[1]

- Noninvasive, Non-Pharmacological Treatment for Chronic Pain (2022)
  https://effectivehealthcare.ahrq.gov/products/noninvasive-nonpharm-pain-update/research
- CDC Clinical Practice Guideline for Prescribing Opioids for Pain – United States (2022) – Recommendation 1, Pg. 17
  https://www.cdc.gov/mmwr/volumes/71/rr/pdfs/rr7103a1-H.pdf

[1] CA Health & Safety Code § 124962(h)
https://leginfo.legislature.ca.gov/faces/codes_displaySection.xhtml?sectionNum=124962&lawCode=HSC

Pulmonology	Date Adopted by QIC: 8/11/2026	Re-Review Date: 6/1/2028	Current Review Date: 6/1/2026



Asthma

- 2026 Global Initiative for Asthma (GINA) – National Heart, Lung, and Blood Institute (NHLBI) Global Strategy for Asthma Management and Prevention (2026) https://ginasthma.org/2026-gina-strategy-report/

Chronic Obstructive Pulmonary Disease

- 2026 GOLD Report - Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (11/2025) https://goldcopd.org/2026-gold-report-and-pocket-guide/
- 2026 GOLD Pocket Guide to COPD Diagnosis, Management and Prevention https://goldcopd.org/2026-gold-report-and-pocket-guide/

Streptococcal Infection

- 2025 IDSA Clinical Practice Guideline Update on Group A Streptococcal (GAS) Pharyngitis (10/2025) https://www.idsociety.org/practice-guideline/streptococcal-pharyngitis2/
- 2025 CDC Clinical Guidance for Group A Streptococcal Pharyngitis (11/2025) https://www.cdc.gov/group-a-strep/hcp/clinical-guidance/strep-throat.html

Smoking Cessation

- 2021 U.S. Preventive Services Task Force (USPSTF) USPSTF Guidelines-Smoking Cessation (Adult), (2021) https://www.uspreventiveservicestaskforce.org/uspstf/document/RecommendationStatementFinal/tobacco-use-in-adults-and-pregnant-women-counseling-and-interventions
- Primary Care–Relevant Interventions for Tobacco Use Prevention and Cessation in Children and Adolescents: A Systematic Evidence Review for the U.S. Preventive Services Task Force (4/2020) https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/tobacco-and-nicotine-use-prevention-in-children-and-adolescents-primary-care-interventions#fullrecommendationstart

Pneumonia – Community - Acquired Pneumonia

- 2022 American Academy of Family Physicians (AAFP) Community Acquired Pneumonia in Adults (06/2022) https://www.aafp.org/pubs/afp/issues/2022/0600/p625.pdf
- 2019 Infectious Diseases Society of America (IDSA) – American Thoracic Society (ATS) Consensus Guidelines on the Management of Community-Acquired Pneumonia in Adults (10/2019) https://www.idsociety.org/practice-guideline/community-acquired-pneumonia-cap-in-adults/
- 2026 PIDS/IDSA Guideline for the Management of Community-Acquired Pneumonia in Infants and Children Older than 3 Months of Age (02/2026) https://www.idsociety.org/practice-guideline/community-acquired-pneumonia-cap-in-infants-and-children

2026 HPN Preventive Health Guidelines & Clinical Practice Guidelines		
Committee Chair Signature: _____		
Date Adopted by QIC: 8/11/2026	**Re-Review Date: 6/1/2028**	**Current Review Date: 6/1/2026**